



Uka Tarsadia University
The Center of Humanities & Development
Independence Celebration 2018-19



Uka Tarsadia University had organized a special event of Independence Day on 14th August 2018 for students and faculties. The event specifically started with the women's safety i.e self defense how to be independent and with few simple techniques of defending the opponent. Then in later half there was commencement of Dancing & Singing for which demo class was arranged for students and faculties. Creativity is an art and to enhance the skill of students Art and craft workshop was organized for students.

The following are the details for workshop.

Sr. No	Workshop	Venue	Timing	Contact person
1.	Self-Defense	Yoga hall, SRCP	2.30 to 3.30 pm	Ms Rachna Somaya
2.	Dance Studio Demo class	Dance studio above Shreeji Restaurant.	3:30 to 4:30 pm	Ms Jasmine Puthur
3.	Singing Studio Demo	Signing Studio above Shreeji Restaurant.	3:30 to 4:30 pm	Mr Zaki Shekh
4.	Art & Craft	Girls Hostel	4.00 to 5.00 pm	Ms Nidhi Mehta

Self defense workshop started with an introduction by Dr. Alisha Memon and then was handed over to Dr. Heena Rathod Black belt champion in Taekwondo. Self-defense is a countermeasure that involves defending the health and well-being of oneself from harm with few easy techniques were demonstrated and then practically were practiced by students and faculties.

Commencement of Dance studio with demo class was started with energetic dance by Ms Jasmine Puthur and Kathit Naik and continued with some warm up energizers with participants.

Music studio commenced with a demo session in which basic information of raga and taal about classical music was provided then the practice session was started by Zaki Shekh and instrument playing by Jay Tailor and his team.

Art and craft workshop started with introduction by Ms. Nidhi Mehta and Dr. Nagarathna Supriya, she demonstrated her creative skills to students by showing her articles, photographs and saree. Later on students participated and various articles were been made.

Glimpses of the day















